

# RHYTHM SHEET: QUARTER NOTES/RESTS

QUARTER NOTE: 1 NOTE PER BEAT

A musical staff in 4/4 time with four quarter notes. The first note is labeled '1 R', the second '2 L', the third '3 R', and the fourth '4 L'.

QUARTER REST: 1 REST PER BEAT

A musical staff in 4/4 time with four quarter rests. The rests are labeled '(1) (R)', '(2) (L)', '(3) (R)', and '(4) (L)'.

1

Measure 1: 2/4 time signature. Notes: 1 R, 2 L, 1 R, 2 L, 1 R, 2 L, 1 R, 2 L. Rest: (2) (L).

6

Measure 6: 4/4 time signature. Notes: 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L, 1 R, (2) (L), 3 R, 4 L, 1 R, (2) (L), 3 R, 4 L, 1 R, (2) (L), (3) (R), 4 L.

11

Measure 11: 4/4 time signature. Notes: 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, (3) (R), 4 L, 1 R, 2 L, (3) (R), 4 L, 1 R, (2) (L), 3 R, 4 L, 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, (3) (R), (4) (L).

17

Measure 17: 2/4 time signature. Notes: 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L. Rests: (2) (L), (3) (R), (4) (L), (1) (R), (2) (L), (3) (R), (4) (L).

25

Measure 25: 4/4 time signature. Notes: 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L. Rests: (2) (L), (3) (R), (4) (L), (1) (R), (2) (L), (3) (R), (4) (L).

30

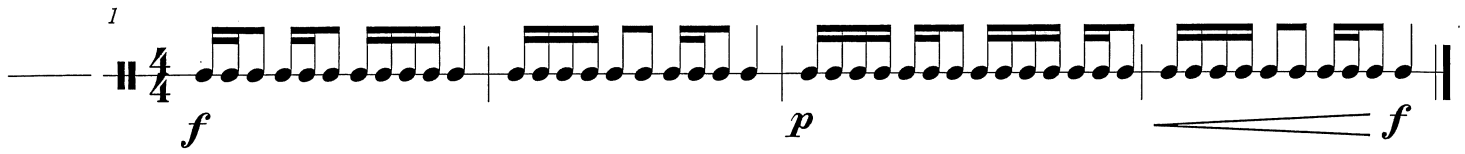
Measure 30: 5/4 time signature. Notes: 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L, 1 R, 2 L. Rests: (3) (R), (4) (L), (1) (R), (2) (L), (3) (R), (4) (L), (1) (R), (2) (L), (3) (R), (4) (L).

34

Measure 34: 4/4 time signature. Notes: 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L, 1 R, 2 L, 3 R, 4 L. Rests: (2) (L), (3) (R), (4) (L), (1) (R), (2) (L), (3) (R), (4) (L).



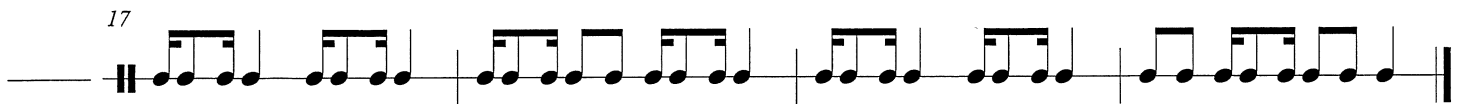
# RHYTHM SHEET: CHECKPOINT 2

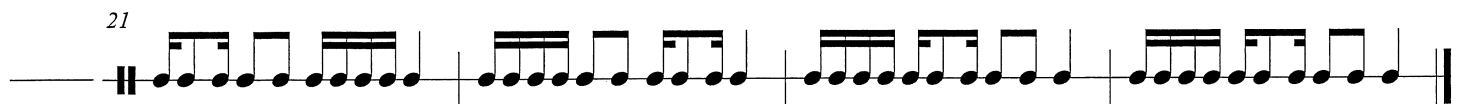
1 


5 

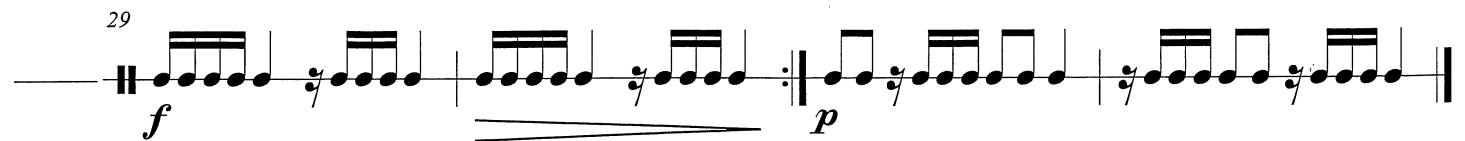
9 

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# RUDIMENTS: PARADIDDLES # 1

Single Paradiddle

R L R R L R L L R L R R L R L L

2 Double Paradiddle

R L R L R R L R L L R L R L R R L R L L R L L L

3 Triple Paradiddle

R L R L R L R R L R L R L R L L R L R L R L R R L R L R L R L L

4 Paradiddle-diddle

R L R R L L R L R R L L R L R R L L R L R R L L

5

R L R R L R L L R L R R L R L L R L R R L R L L L R L R R L R L L R

10

R L R R L R L L R L R R L R L L L R L R R L R L L R L R R L R L L R L R R L R L L R

15

R L R R L R L R R L R L R R L R L L R L R L L R L R L L R

18

R L R R L R L L L R L R R L R L L R L R R L R L L L R L R R L R L L R L R R L R L L L R L R R L R L L

23

R L R R L R L L L R L R R L R L L L R L R R L R L L R L R R L R L L L R L R R L R L L R